WHAT IS CLAIMED IS:

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1. A helmet with ventilation essentially comprised of a helmet comprised of a bubble adapted with an inner lining, an air inlet lid and an air inlet gate is characterized by that multiple slot air inlets being provided on the front bubble of the helmet at where close to the forehead of a rider; a circular air passage being provided to the peripheral of the inner lining; the circular air passage being connected through those air inlets; multiple air expel holes connecting through the inner space of the inner lining being provided to the air passage; and an air outlet connected through the circular air passage being provided on the rear of the bubble; the air inlet lid being provided on the bubble of the helmet to cover up the outside of those slot air inlets; multiple slot ventilation holes being provided on the surface of the air inlet lid with an opening end provided for the insertion of the air inlet gate; the air inlet gate being inserted to where between the air inlet lid and those slot air inlets on the bubble of the helmet; multiple slot ventilation holes being provided on the surface of the air inlet gate to define a retainer between any two abutted slot ventilation holes; the air inlet gate being provided to control the opening or shutting of those slot air inlets; the cooler air outside being admitted through the air inlet lid, the air inlet gate, multiple slot air inlets and the air passage into the helmet and the hotter air in the helmet being expelled through the air outlet provided on the rear of the bubble of the helmet.

- 2. A helmet with ventilation as claimed in Claim 1, wherein, a dialer is provided to either end of the air inlet gate.
- 3. A helmet with ventilation as claimed in Claim 1, wherein, those slot air inlets and those slot ventilation holes are replaced with multiple holes in round or any other shape.

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